



ORIENTAL WELLBEING FOODS LIMITED



#JOB-2463292



BAO HOUSE, 34 Aungier Street, Dublin 2,
D02 HK75



No of positions : 2



Paid Position



39 hours per week



36605.00 Euro Annually



11/08/2026



08/09/2026

How to apply

Application Method :

Not available



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Commis Chef

Application Details

In order to work in Ireland a non-EEA National, unless they are exempted, must hold a valid employment permit. Please review the [Eligibility and requirements for an employment permit](#) if you are unsure of your eligibility to apply for this vacancy.

Job Description

Job Description:

Assist in the preparation of ingredients, including chopping vegetables, grinding spices, marinating meats, and making dough for naan or chapati, under the guidance of senior chefs.

Learn and perform basic cooking tasks such as boiling, frying, and grilling as directed by the Chef de Partie or Sous Chef, ensuring consistency and quality.

Keep your workstation clean and organized, following strict hygiene practices in accordance with Irish food safety standards.

Ensure that all ingredients are stored properly, label ingredients, and monitor stock levels to prevent waste, particularly for perishables like fresh produce and meats.

Assist in the plating of dishes, ensuring the presentation is consistent with restaurant standards before serving to customers.

Key Requirements;

A foundational understanding of Indian ingredients, spices, and cooking methods (such as tandoori cooking, curry-making, and naan preparation) is an advantage.

Ability to use knives efficiently for cutting, chopping, slicing, and dicing, with a focus on speed and precision.

A keen eye for detail, particularly in food preparation and presentation, ensuring dishes meet quality and consistency standards.

Eagerness to learn from senior chefs, develop new cooking skills, and adapt to the restaurant's kitchen environment.

Familiarity with basic cooking techniques, including frying, boiling, grilling, and baking.

- **Sector:** accommodation and food service activities

Career Level

- Experienced [Non-Managerial]