



Company Details Confidential



#JOB-2456775



THE GYM RATHDOWNEY, 3 Main Street,  
Rathdowney, Co. Laois, R32 E8C8



No of positions : 1



Paid Position



25 hours per week



Dependent On Experience



06/07/2026



03/08/2026

## How to apply

### Application Method :

Please apply to the vacancy by the following means:

Email : [mgt@thegymrathdowney.ie](mailto:mgt@thegymrathdowney.ie)



Open your camera app & point here to view this ad online



## GYM MANAGER

### Application Details

In order to work in Ireland a non-EEA National, unless they are exempted, must hold a valid employment permit. Please review the [Eligibility and requirements for an employment permit](#) if you are unsure of your eligibility to apply for this vacancy.

### Job Description

We are looking for a motivated, organised, and customer-focused gym manager to join our team. This is a hands-on role that requires excellent communication, leadership, and organisational skills to ensure the smooth day-to-day running of the gym.

Key Responsibilities:

- Schedule and manage trainers' shifts and weekly timetables.
- Drive membership sales while maintaining and promoting existing memberships.
- Advertise memberships and help grow the gym's community.
- Respond promptly and professionally to emails and member enquiries.
- Resolve customer concerns and handle day-to-day operational issues.
- Ensure all administrative and back-office tasks are completed accurately and on time.
- Maintain high standards of cleanliness, presentation, and professionalism throughout the facility.
- Support the team in delivering an exceptional experience for all members.

What We're Looking For:

- Strong organisational and time management skills.
- Excellent communication and customer service abilities.
- A proactive approach to problem-solving.
- The ability to multitask, prioritise, and work independently.
- Previous management, administration, or sales experience is preferred.
- A keen interest in health and fitness is desirable. A fitness qualification is not required, but would be considered an advantage.
- A positive attitude, reliability, and the ability to lead by example.

- **Sector:** administrative and support service activities

### Career Level

- Managerial

## Candidate Requirements

(Essential)

- **Minimum Experienced Required (Years):** 2
- **Minimum Qualification:** Level 5 (incl Leaving Certificate/ Leaving Certificate Applied/ Leaving Certificate Vocational Programme)

(Desirable)

- **Ability Skills:** Administration, Communications
- **Competency Skills:** Decision Making, Initiative, Management, Teamwork
- **Specialising In:** fitness instructor