



City of Dublin YMCA



#CES-2454871



YMCA GYM, Community Hub, 53 Aungier Street, Dublin 2, D02 CH96



No of positions : 1



Community Employment Programme



19.5 hours per week



[Community Employment Programme Rates](#)



24/06/2026



05/08/2026

How to register your interest

To register your interest, take note of the scheme reference number and contact an Employment Personal Advisor (EPA) in your [local Intreo Office](#)



Open your camera app & point here to view this ad online



Fitness Instructor Assistant - Community Employment

Application Details

Eligibility to participate on CE is generally linked to those who are 21 years or over and in receipt of a qualifying social welfare payment for 1 year or more or 18 years and over for certain disadvantaged groups. Your eligibility will have to be verified by the Department.

To register your interest you can contact an Employment Personal Advisor (EPA) in your local Intreo Centre.

Applicants should supply suitable character references and be prepared to complete a Garda vetting application form.

Job Description

Duties

This is a developmental opportunity, no experience necessary. Accredited training will be provided to support your career.

Location: Aungier Street, Dublin 2

Responsible to: Sports Centre Manager

Part Time: 19.5hrs per week

Shift times required: Working 4 days a week: 3 days mid week evening shifts and 1 weekend shift.

Candidates must be flexible.

Role Description: This position on the Community Employment scheme is a development opportunity for an individual interested in working in the fitness industry. This role covers both fitness and reception duties.

The successful candidate will be responsible for clerical, administrative and customer service support in order to ensure that fitness and front of house services are provided in an effective and efficient manner. Working as part of a dynamic team in a fast paced environment, the successful candidate will report to the Sports Centre Manager and will be responsible for dealing with public enquiries and administrative support to the Fitness and Facilities management team.

Primary Responsibilities

To work at Aungier Street Sports centre on an agreed rota.

Complete both Reception and Fitness duty requirements

Reception duties include:

Ensure all visitors to the YMCA are welcomed with a friendly and professional manner. Providing all customers/visitors with the information they required in a timely and professional manner following all YMCA systems & policies.

Answering telephone and email enquiries.

Data input - updating KPI's and database updating.

Taking deposits, selling goods and product upsales, maintaining an excellent product knowledge of the services available at the YMCA sports centre.

Deal with general enquiries including facilities and or gym via email telephone and / or in person.

Fitness duties include:

Shadow fitness instructors and observe fitness classes formats.

Monitor & enforce health & safety of all equipment and fitness facilities.

Promote YMCA Fitness promotions, packages and facility rental and follow and help develop YMCA fitness policies.

To have a presence on the gym floor that enhances the customer's experience as they arrive and train, offering advice, technique tips and ensuring customers get the best experience possible.

To carry out comprehensive induction programmes ensuring customers are fully aware of how to use the equipment safely and the best way for them to reach their fitness goals without injury.

To provide information on all services delivered by YMCA including promotions & our Social Enterprise status.

To ensure the sports centre is at a high standard of cleanliness.

Attend training sessions of both industry standard and health & safety qualifications.

PERSON SPECIFICATION

Desire to teach a wide range of exercise classes to music including spin, circuits, bootcamp etc.

Enthusiastic personality to encourage gym members achieve their fitness goals

Interest in exercise, health and nutrition.

Excellent customer care skills.

Computer Skills

Excellent communication skills - interpersonal and written - with the ability to identify problems and formulate solutions.

- **Sector:** human health and social work activities