



Threshold Training Network



#JOB-2433532



THRESHOLD TRAINING NETWORK, Unit 17-19, Tallaght Ent Ctr, Dublin 24, D24 YP7K



No of positions : 1



Paid Position



22 hours per week



22.00 Euro Hourly



11/02/2026



03/03/2026

How to apply

Application Method :

Please apply to the vacancy by the following means:

Email : recruit@thresholdtraining.ie



Open your camera app & point here to view this ad online



Education and Wellness Health Support Trainer

Application Details

In order to work in Ireland a non-EEA National, unless they are exempted, must hold a valid employment permit. Please review the [Eligibility and requirements for an employment permit](#) if you are unsure of your eligibility to apply for this vacancy.

Job Description

A great opportunity for an individual who has a keen interest in

Adult Further Education and Training as well wellbeing initiatives to develop, co-ordinate and facilitate our training and wellbeing programmes.

Might you have the qualifications and skills that you can share with our participants to benefit their training and wellbeing?

Do you have experience as a Trainer for QQI Level 3 and Level 4 modules?

Do you have experience facilitating mental health awareness and recovery and or wellbeing initiatives and or workshops?

Do you have a natural coaching approach and can support/motivate individuals to reach/connect with their untapped potential?

Do you appreciate support in your work as well as a degree of autonomy?

If this aligns with you, please send us your cover letter outlining how it does. and also include your up to date CV .

About Threshold network.

Despite having the word Threshold in our name we are not associated with the Housing Organisation!

Instead we are an organisation based on the main road in Tallaght Village that offers support for Mental Health and Wellbeing through training and education.

Our education programmes, are on the national framework of qualifications at QQI level 3 and 4. We also run a wellbeing programme comprised of wellbeing initiatives such as wellbeing workshops in addition to wellness recovery coaching at the centre. We are

recognised by Dublin and Dun Laoghaire Education and Training Board (DDLETB), our main funder, as a Specialist Training

Provider for our education programmes. TTN also receives grant support from the HSE for our wellbeing activities.

Overall Purpose of the Role

The overall purpose of the Education and Mental Health Support Trainer at TTN is outlined below however the main duties and responsibilities fall into the two key areas of QQI Training and education as well as mental health recovery and learner support.

Provides a key role in ensuring mental health recovery values and practices are woven throughout all TTN's services

Develops, Coordinates and Facilitates wellbeing activities for learners and or workshops for TTN participants and the community.

Manages and carries out the Individual Learning Plans (ILPs). Meet with learners 1-1 once a month to complete their ILP's reviewing their goals and collaboratively set SMART goals.

Leads grant applications for wellbeing initiatives

Part of the team that ensures the smooth running of all services in the Centre, nurturing a philosophy of wellness recovery, to empower those attending it's services to embrace personal change and manage their wellbeing for better quality of life.

Qualifications and Work Experience

Bachelors degree or above essential (NFQ 7 or above) in training and education, social care, social work, counselling, psychology or similar

2 years minimum experience in Adult Education and Training, wellbeing and or mental health support role is desirable

QQI level 6 qualification.

- **Sector:** education

Career Level

- Experienced [Non-Managerial]