

**BUDLITE HEALTHCARE LIMITED**

#JOB-2430122

Landfall, Trim Road, Longwood, Co. Meath,
A83 RD98

No of positions : 5

Paid Position

39 hours per week

16.80-20.00 Euro Hourly

21/01/2026

18/02/2026

Healthcare Support Worker

Application Details

In order to work in Ireland a non-EEA National, unless they are exempted, must hold a valid employment permit. Please review the [Eligibility and requirements for an employment permit](#) if you are unsure of your eligibility to apply for this vacancy.

Job Description

About the Role:

Bud Healthcare is seeking experienced and compassionate Support Workers to join our multidisciplinary team in providing high-quality, person-centred support to an adult service user with complex mental health needs, a history of behavioural challenges, and a diagnosis of borderline personality disorder and acquired brain injury. The role is based in a therapeutic supported independent living.

The ideal candidate will have prior experience supporting individuals who require consistent emotional reassurance, trauma-informed care, and structured daily routines. This is a specialist role that involves working within a high-support environment where teamwork, resilience, and empathy are essential.

Key Responsibilities:

Provide compassionate and structured support to an individual with complex needs, promoting their independence and recovery goals.

Support with personal care, including prompting and assisting with hygiene, showering, dressing, and continence care as required.

Use positive behaviour support (PBS) and relational-based approaches to de-escalate challenging situations and maintain safety.

Assist with daily living skills, meal preparation, medication prompting, and community inclusion activities.

Build trust-based therapeutic relationships over time and support with emotional regulation and routine adherence.

Maintain accurate and timely documentation including daily notes, incident reports, risk assessments, and handover logs.

Collaborate closely with the multidisciplinary team (nursing, psychology, OT, dietitian, etc.) to implement care plans effectively.

How to apply

Application Method :

Not available



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online



Contribute to a safe, calm, and respectful home environment by following individualised behaviour support plans and safeguarding protocols.

Attend regular training, clinical supervision, and staff debriefs.

Essential Requirements:

Minimum QQI Level 5 in Healthcare Support, Social Care, or equivalent

Experience supporting individuals with complex mental health, ABI, or emotional dysregulation

Knowledge of trauma-informed care and positive behaviour support

Excellent communication and interpersonal skills

Ability to manage behaviours of concern with calmness and professionalism

Strong emotional resilience and ability to work under pressure

Flexibility to work a range of shifts (including weekends, sleepovers, and overnights)

Full right to work in Ireland

Desirable:

Experience working in a high-support residential setting.

PMAV / MAPA / CPI or similar behaviour management training.

Experience supporting service users under wardship or community treatment orders.

Why Join Bud Healthcare?

Opportunity to make a real impact in the life of someone with complex support needs.

Supportive multidisciplinary team environment.

Ongoing training and development opportunities.

Competitive salary and flexible working patterns

Equal opportunity employer committed to diversity and inclusion.

- **Sector:** human health and social work activities

Career Level

- Experienced [Non-Managerial]