



Company Details Confidential



#JOB-2410712



NESTA, Office #216, Killbarrack, Howth
Junction, Dubin, D05 DC60



No of positions : 1



Paid Position



40 hours per week



13.60 Euro Hourly



04/09/2025



02/10/2025

How to apply

Application Method :

Please apply to the vacancy by the following means:

Email : info@brightstarcare.ie



Open your camera
app & point here
to view this ad
online



Care Assistant

Application Details

In order to work in Ireland a non-EEA National, unless they are exempted, must hold a valid employment permit. Please review the [Eligibility and requirements for an employment permit](#) if you are unsure of your eligibility to apply for this vacancy.

Job Description

A care assistant provides essential physical and emotional support to vulnerable individuals by assisting with personal care (washing, dressing), household tasks (cleaning, shopping, cooking), mobility, medication reminders, and companionship. Key duties include following tailored care plans, monitoring health, transporting clients to appointments, recording observations, and collaborating with healthcare professionals to improve the client's well-being and independence.

Key Responsibilities

Personal Care:

Helping clients with daily hygiene, dressing, grooming, bathing, and toileting.

Household Tasks:

Performing light housekeeping, laundry, grocery shopping, and meal preparation.

Mobility Assistance:

Helping clients move safely, supporting their physical activity, and assisting with aids like hoists.

Medication Support:

Administering prescribed medication, providing reminders, and collecting prescriptions.

Companionship:

Offering emotional support, engaging in conversation, and encouraging social interaction and hobbies.

Appointments & Errands:

Transporting clients to doctor's visits, running errands, and booking appointments.

Health Monitoring:

Observing and recording vital signs (temperature, pulse, respiration), monitoring health conditions, and reporting changes to the appropriate staff.

Record Keeping:

Accurately maintaining client records, including medication charts, and updating care plans.

Essential Skills & Qualities

Empathy and Compassion:

The ability to understand and respond to the unique needs of individuals with patience and kindness.

Communication Skills:

Effectively communicating with clients, families, and other healthcare professionals to build trust and understanding.

Reliability:

Consistently providing care as per the individual's care plan and being dependable for clients and colleagues.

Professionalism:

Maintaining dignity, privacy, and confidentiality for clients.

Flexibility:

Adapting to changing client needs and following personalized care plans diligently.

Work Environment

Care assistants work in various settings, this position involves personal care i.e. domiciliary care.

- **Sector:** human health and social work activities

Career Level

- Not Required